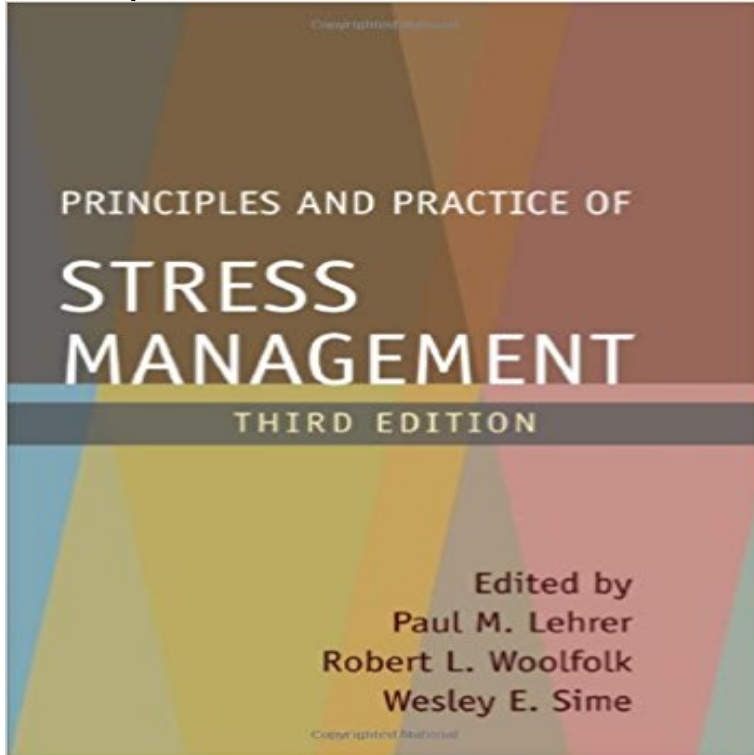


# Principles and Practice of Stress Management, Third Edition



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