

The Path To Your Purpose Is NOT Behind You!

DR. JAY POLMAR

The Path to Your Purpose
is not behind you

DO YOU EVER
WONDER
WHO YOU ARE?
OR, WHY YOU
ARE HERE?

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Want a Better Future? Stuck in the problems of the past or past lives? This is the script of Dr. Jay Polmars live workshop on clearing out the past from this life, and others, to clearly know you purpose in life, and accelerate using clear visualization to see it, and your own self-empowering abilities ... to create it. Record your own sessions of the course, and bonus to discover everything about this life, and your past lives that you need --- to overcome kharma and achieve your true lifes purpose. Dr. Polmar were taught classes around the US, from Florida to Hawaii on this subject and amazingly - the results were virtually 100%, and the people attending were amazed at what they discovered. PAST LIFE PROBINGS by Kris Klasne - Staff writer SUNRISE MAGAZINE, 10/25/89 Like many people, I occasionally imagine myself living in some kingdom long ago and far away, riding on horseback through forests, villages and the mists of time. These are just pleasant fantasies, but there are those who feel such daydreams might actually be subconscious recollections of previous lives. The idea is nothing new. For centuries, devotees of numerous Eastern religions have believed souls reappear after death in other incarnations. As an increasing number of Americans adopt a more metaphysical new age style of thinking, the idea of reincarnation is becoming more widely accepted in the western world. A recent Past Lives Self-Discovery Workshop, held in Indian Rocks Beach (Florida), offered local residents the chance to suspend disbelief and decide for themselves whether theyve been on Earth (or elsewhere) before. I decided to attend, hoping that I might find my daydreams actually were memories of former lives. At least then Id know that once - long ago - my life was pretty exciting. I happily imagined discovering I was once a princess, or a pirate, or a

wandering minstrel in some ancient, romantic land. It never occurred to me I could just as easily have been a beggar, a leper, or a condemned prisoner. When I arrived at the oceanfront condo where the workshop was to be held I was greeted by 10 other eager would-be time travelers. Our instructor, Dr. Jay Polmar, welcomed us. His relaxed appearance - T-shirt, drawstring pants and no shoes - and a long list of professional credits, which include a Ph.D. in social psychology, as well as degrees in philosophy and sociology. In addition, Dr. Polmar, or Dr. Jay, as he prefers to be called, has had extensive training in psychodetoxification; advanced hypnosis therapy; speed-learning and memory programs; graphology and graphoanalysis (handwriting analysis); and psychological counseling. And that's just in this life. After reviewing some instructional material and explaining what we were about to experience, he flipped on a cassette of soothing background music and gently began to guide us on our journey into self-discovery. I closed my eyes and drifted into a relaxed state. I could hear Dr. Jay, softly telling us to let go of outer distractions and allow our thoughts to flow, beyond childhood, beyond birth, back, back ... Soon. I could see myself spinning into space, to the womb, past the womb, farther and father into - what? I wasn't sure. Though I envisioned many fascinating scenes, I couldn't quite convince myself it was anything beyond my fertile imagination. When the first state of regression had ended some of the other members of the group told Dr. Jay they also felt as though they were just fantasizing, not really experiencing past lives. He didn't try to convince us what we were experiencing was reality. In fact, throughout the workshop Dr. Jay never once told us what to believe - instead he challenged us to discover what we believed. He also encouraged us to believe in our own spiritual powers, not his, or anyone else's. I supposed I expected him to try to be some kind of guru, .. read more in the course itself.

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