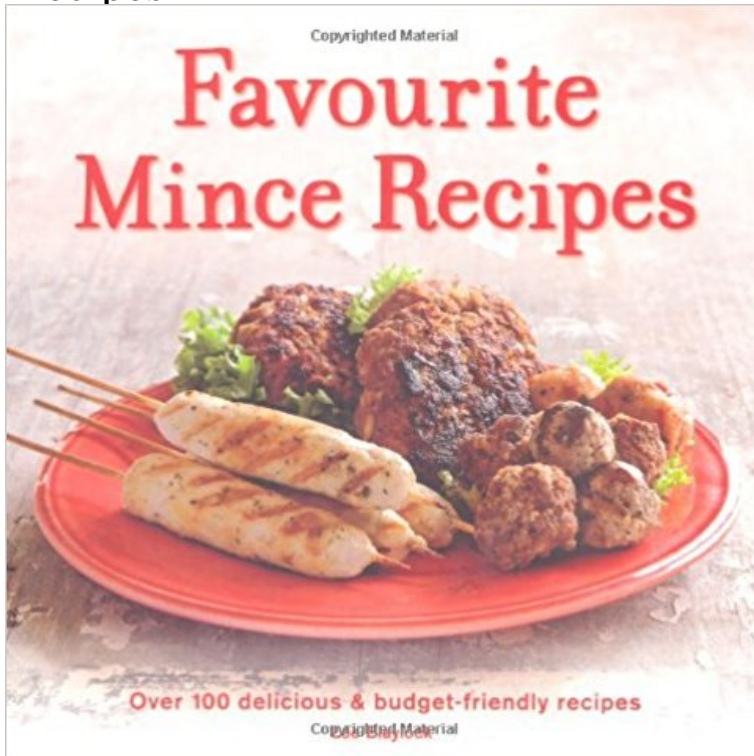


# Favourite Mince Recipes: Over 100 Delicious & Budget-Friendly Recipes



Versatile, delicious, economical! There's never been a better time to discover the delights of cooking with mince. Get ready to throw out any preconceived notions you may have that mince is an old-fashioned or humdrum ingredient - with this book you'll discover just how tasty, easy-to-use and endlessly versatile mince can be. Not only is mince a flexible and simple ingredient to use, it's also inexpensive - making it a great way to include meat in your diet without breaking the bank. And because mince can be used in myriad ways - and just about any kind of meat can be minced - it never gets boring. There's almost nothing mince can't do!

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